FALL 2023

CYCLONE PARENTING STUDENT NETWORK



AT VETERINARY MEDICINE

Veterinary Medicine Childcare Center

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ABOUT US

The office of Child Care and Family Services empowers parenting students to achieve their academic and professional goals by administering child care tuition assistance, providing family support programs, and building access to high-quality early childhood education.

Welcome to the inaugural edition of the Cyclone Parenting Student Network (CPSN) newsletter! Sent quarterly, each issue will include a wealth of information, insights, and resources tailored to the needs and interests of parenting students.

Balancing the demands of college life while raising a family can be both rewarding and challenging. That's why we've created this newsletter- to serve as an aid for seamlessly integrating the worlds of academia and parenthood. Our goal is simple: to make your experience as a parenting college student as smooth and enriching as possible. We believe that by fostering a strong community, we can share experiences, offer support, and celebrate the unique journey of being a college student and a parent!

Thank you for embarking on this journey with us. We look forward to accompanying you every step of the way!

Cris and Keri

CHILDCARE ASSISTANCE PROGRAM (CAP) SCHOLARSHIPS

2023-2024 ACADEMIC YEAR

The CAP (Childcare Assistance Program) Scholarship is funded by the Office of Student Financial Aid and administered by Child Care and Family Services. Scholarships are awarded by semester to reimburse the out-of-pocket costs for child care services. There are two types of CAP scholarships: CAP-U and CAP-G.

CAP-U Application

The CAP-U scholarship is awarded to U.S. citizens or permanent residents currently enrolled in degree seeking coursework as an undergraduate student. The application window for the 2023-2024 academic year is open until [enter date here].

CAP-G Application

The CAP-G scholarship is awarded to individuals currently enrolled as a graduate student or professional student; or as an international undergraduate student. The application window for the 2023-2024 academic year is open until [enter date here]. For both CAP-U and CAP-G, applications demonstrating highest financial need receive priority. Evaluation criteria includes credit load, tuition costs, family size, age of child, and other child care financial assistance being received. Please note that CAP is a reimbursement scholarship and individuals must pay for child care services before claiming their scholarship.

Learn More

CCAMPIS

The Child Care Access Means Parents in School (CCAMPIS) program supports the participation of low-income parents in postsecondary education through the provision of quality childcare.

Undergraduate, graduate, and professional parenting students are eligible to apply to CCAMPIS, which provides a discount on the monthly tuition fees at eligible child care centers. Applications are currently being taken on a waitlist. Additional information, including an application for funding, can be found using the links below.

- Eligibility Criteria and Program Details
- Application



Child Development Laboratory School

CAMPUS RESOURCES FOR PARENTING STUDENTS

Family Friendly Library Space

Did you know there is a private, child-friendly space in Parks Library where you can study, research, and use library resources? The room is located on the lower level of the library and can be reserved for up to four hours each day.

Parenting students can utilize the two adult workstations with universal docking stations, a black and white printer, whiteboards, and markers for their studies, while their children learn and play nearby with toys and computers equipped with educational software.

<u>Reserve the Library Space</u>

SLOSS HOUSE RESOURCE ROOM

Did you know that 30% of ISU students surveyed by the SHOP identified with being basic needs insecure? The Sloss House recently opened their Resource Room where students in need of basic essentials can stop by and shop for what they need.

The resource room stocks items for parenting students including diapers, wipes, baby food, and children's books.

Lactation Rooms on Campus

lowa State University has more than 30 designated lactation rooms on campus. These rooms are available for use by all staff, faculty, students, and visitors to our campus. Individuals are responsible for providing personal breast pumps and accessories. These rooms are viewable in the MyState app.

Map of Lactation Spaces

leed something?

Come by the Sloss Resource Room to get the things you need

> Food Personal Care Items Parenting Supplies Books

Open 10 to 3 Mondays, Tuesdays & Thursdays or by appointment



FALL 2023 DATES AND ACTIVITIES

Fall Semester Overview

University Holiday | Monday, September 4 Thanksgiving Break | Monday-Friday, November 20-24 University Holiday | Thursday- Friday, November 23-24 Final Exams | Monday- Thursday, December 11-14 Fall Semester Ends | Friday, December 15 Final Grades Due | Tuesday, December 19 by 2:15 p.m. Last Day to Drop (without extenuating circumstances) Full Semester: October 27 First Half (FH): September 22 Second Half (SH): November 17

Fall Family Activities

Black's Heritage Farm Pumpkin patch open September 23-October 31.

<u>Center Grove Orchard</u> Pumpkin patch, sunflower meadow, and apple orchard open September-October.

City of Ames Trick-or-Treat Night

Tuesday, October 31 from 5:30 to 7:30 p.m.

Spirits in The Gardens at Reiman Gardens

Check out over 1,000 hand-carved jack-o-lanterns, candy, chemistry experiments, and more! Tickets available now.

Career Fairs

CAREER FAIR	DESCRIPTION	DATES	CONTACT
Agriculture and Life Sciences	Focused on Agriculture and Life Sciences majors	October 10, 2023	Lois Benning Ibenning@iastate.edu 515-294-4725
<u>Business,</u> Industry, and Technology	Focused on relevant majors within Business, Liberal Arts & Sciences, and Human Sciences	September 20, 2023	Colby Clark <u>isucareerfairs@iastate.edu</u> 515-294-2542
<u>Design</u>	Focused on Design majors	October 5, 2023 (Conversations and Connections)	Tiffany Atilano <u>designcareers@iastate.edu</u> 515-294-0735
<u>Engineering</u>	Focused on all Engineering and associated STEM majors	September 13, 2023 September 19, 2023	Kate Cossa <u>ecs@iastate.edu</u> 515-294-3553
<u>People to People</u>	Focused on Human/Social Services, Health/Wellness, Government, Hospitality, and Events	September 26, 2023	Amanda Schickel <mark>p2pcareerfair@iastate.edu</mark> 515-294-3708



CONTACT

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RESOURCES



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